



Greece and Rome Packing List

Source: [savvy globetrotter](#)

Essentials

- European Travel Adaptor – **European travel adaptor** for your electronics
- External Battery – External battery to recharge phone, camera or other electronics
- Universal waterproof phone case
- Camera/photography gear - Don't forget to bring an extra memory card.
- Scarf – A lightweight scarf will keep you warm on chilly summer nights or places with too much air-conditioning. A scarf is also useful if visiting churches or monasteries which require women to cover up.
- Sunglasses – Greece is very sunny so sunglasses are a must!
- Reusable water bottle – While the water in Greece is safe to drink the water in the islands tastes salty so you might want a water bottle with built-in filter.
- Bathing suits – Don't forget to pack at least 2 bathing suits for the beach.
- Sarong/kaftan – Women might also want to bring a sarong or kaftan for swimwear cover up for the pool or beach.
- Hat – If visiting Greece in the warmer months bring a hat.

What to Wear to Greece: Clothes and Shoes Greeks dress a bit nicer than most North Americans so I don't recommend walking around in sweatpants or sneakers. However, in most parts of Greece (especially Athens and the islands) the locals are used to tourists so you can pretty much wear what you want. The temperature in Greece in the summer is very hot so you will need lightweight clothes. In the winter, the temperature can get very cold and even snow in some parts of Greece. To figure out what the weather will be like when you visit Greece, check the average temperature by month at [weatherbase.com](#).

- Dresses and skirts – Bring at least 2-3 dresses/skirts.
- Shorts – If you wear shorts, bring 2-3 pairs for the day.
- Lightweight pants – Men should bring at least 1 or 2 pairs of lightweight pants. Women might want to pack a pair of lightweight or linen pants as well or they might want to bring dresses or skirts. Avoid jeans in the summer as they will make you feel too hot!
- Shirts/tops – I recommend men bring at least 4-5 short sleeve shirts, including a t-shirt, a nicer polo shirt and a performance short sleeve tee that keeps you cool. Women can get away with fewer tops if they pack dresses.
- Sweater, fleece or hoodie – Pack at least 1 long sleeve sweater or hoodie for chilly summer nights and air-conditioned places.
- Comfortable walking shoes – A must for sightseeing. Depending on the season you might want to bring either casual sandals or comfortable flats.
- Dressier sandals/ flats – Bring a dressier pair of sandals or flats that can be worn for dinner.
- Flip-flops
- Underwear, socks and bras – If you are checking luggage, pack at least 1 of each in your carry-on bag in case your checked luggage is lost or delayed. You might want to pack a pair of compression socks for the long flight.

Other Things to Pack for Greece

- Passport
- Cash, credit cards, ATM cards
- Glasses, contacts, contact lens solution
- Medication and prescriptions
- Antibacterial wipes or hand sanitizer
- Electronics (smartphone, computer, tablet, kindle, cords, memory cards and chargers)

- Toothbrush, toothpaste and floss
- Toiletries (makeup, lotion, deodorant, tissues, comb/brush, feminine products, razor, shampoo/conditioner/soap)
- Noise canceling headphones or earplugs and eye mask (so you can sleep on the late night flight)
- First aid kit (Band-Aids, pain reliever, allergy medicine, anti-nausea medicine, antacid tablets, Imodium)
- Lip balm with UV protection
- Sunscreen
- Insect repellent – There are a lot of mosquitoes in Greece.
- Bandana – A bandana is so versatile, you can use it to wipe off sweat or use as a scarf
- A quick drying travel towel for the beach
- Packing cubes - optional
- Day bag, tote or purse for sightseeing
- Reusable bag for carrying groceries or shopping for Greek souvenirs
- TSA approved locks
- Notebook and pen